

**CLAIRE CAFRITZ CARR**

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- ▲ Place of Birth** Washington, D.C.
- ▲ High School** Kempsville High School, Virginia Beach, Virginia, 1983
- ▲ College** Virginia Tech, Blacksburg, Virginia
- ▲ Law School** University of Richmond School of Law, Richmond, Virginia
- ▲ Degrees** Bachelor of Science in Business/Marketing Management, Virginia Tech, 1987  
*Juris Doctor*, University of Richmond School of Law, 1990
- ▲ Legal Experience**
  - Summer 1988 *Office of the Attorney General of Virginia; Department of Mental Health & Substance Abuse Services, Legal Intern.*  
Drafted proposed legislation; assisted three primary Assistant AG's in DMHSAS department with all aspects of department responsibility.
  - 1989-1990 *David Baugh, Esq. Richmond, Virginia, Legal Intern.*  
Criminal defense practice: drafted motions and pleadings; assisted in development of trial strategy; attended hearings and trials; assisted with appeals.
  - 1990-1991 *Supreme Court of Virginia; Office of the Chief Staff Attorney, Law clerk.* Reviewed appellate briefs and drafted memoranda summarizing issues and arguments on appeal; oral presentations to panels of Justices providing details of case on appeal, legal errors assigned, issues presented and informing justices of all legal arguments submitted by the parties.
  - 1990-1992 *Supreme Court of Virginia; Senior Justice Richard H. Poff, Law clerk.*  
Legal research of statutory and case law applicable to cases assigned to the Justice for writing of his judicial opinion; discussed issues and law with him and assisted in framing rationale supporting majority decision or dissent as



appropriate; drafted preliminary draft of all judicial opinions for Justice's review and edit.

1992- present *Kalbaugh, Pfund & Messersmith, PC,*  
*Vice President, Shareholder/Partner*  
Insurance defense litigation; approximately 75 jury trials defending personal injury claims for various insurance carriers and individual insureds (1992-1999);

*Managing Partner, Practice Group Lead, Workers' Compensation Dept.*  
Practice concentrated in defending workers' compensation claims on behalf of insurance carriers, third party administrators, self-insured companies, large national corporations and privately owned employers.

### **Bar Admissions**

Virginia State Bar  
4th Circuit Court of Appeals  
U.S. District Court, Eastern District of Virginia

### **Honors & Designations**

AV Rating from Martindale-Hubbell  
2019 Top Rated Lawyer in Insurance Law by ALM & M-H  
Virginia Super Lawyers 2016, 2017, 2018  
2017 Virginia Legal Elite  
2017 College of Workers' Compensation Attorneys  
2020 Best Lawyers in America  
2020 Woman Leader in The Law - The American Lawyer & Corporate Counsel

### **Professional Affiliations**

Virginia Bar Association  
Chesterfield/Colonial Heights Bar Association  
Virginia Association of Defense Attorneys  
Counsel for Litigation Management  
National Retail & Restaurant Defense Association  
*Workers' Compensation Committee Chair 2013-2014*  
*Workers' Compensation Committee Chair 2016-2017*  
Virginia Workers' Compensation American Inn of Court  
*Executive Committee, 2014 to present*  
*Programs Co-chair, 2014 to 2018*  
*Treasurer, 2018*  
Virginia Workers' Compensation Advisory Conference  
*Steering Committee Member, 2016 to present*



 **Presentations**

De facto Awards



Release to Light Duty  
Occupational Diseases  
Vocational Rehab in Workers' Compensation  
Employer's Applications for Hearing  
Terminating Outstanding Awards  
Willful Misconduct Defenses in Virginia  
Workers' Compensation Case Law Update  
Workers' Compensation Legislative Update  
Taking Effective Recorded Statements  
Compensability Issues in Workers' Compensation  
Panel Physicians  
Subrogation in Workers' Compensation  
Virginia Workers' Compensation Boot Camp  
Anatomy of the Spine  
Refusal of Medical Treatment  
Parking Lots, Sidewalks, Stairs & the Personal Comfort Doctrine  
Medical Issues in Workers' Compensation Claims  
Statutory Employers & Independent Contractors  
Taking Effective Recorded Statements  
Guidelines, Rules & Procedural Changes at the VA Workers' Compensation Commission